

Parent Workshop

*Why is Relationship, Sex Education
so important?*



DFE Statutory Guidance for RSHE

‘...even in the short time since RSHE was made statutory, the world in which children are growing up has become increasingly complex, both online and in the day-to-day, and that is having a profound effect on their lives, including how they build relationships. We have therefore acted to put in place safeguards to keep children safe in an increasingly complex world, especially after reports of pupils being taught inappropriate content in schools.’



DFE Statutory Guidance for RSHE

‘As children start to approach adulthood, we need to give them the tools to keep themselves safe and to flourish. This relies on them getting the right information at the right time, so that they know about the risks and how to avoid them, but also making sure that they are not exposed to too much too soon, taking away the innocence of childhood. That is a very difficult balance to get right.’



DFE Statutory Guidance for RSHE

‘...updated guidance includes clear age limits for the teaching of the most sensitive content and specifies that the contested topic of gender identity should not be taught. And it reinforces the vital principle that parents have right to know about everything their children are being taught and be given proper chance to understand and discuss it.’



How is RSE taught at St Thomas'?

At St Thomas' Church of England Primary School, the definition of Relationship, Sex Education is understood as:

“Lifelong learning about physical, moral and emotional development and the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care.”

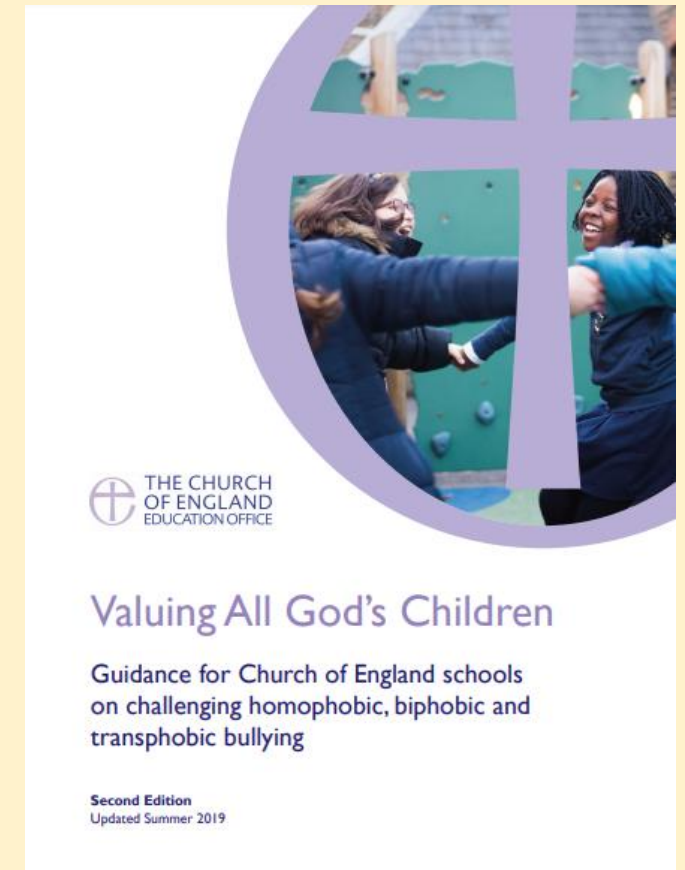
The 'R' in RSE comes first.



How is RSE taught at St Thomas'?

We teach within a framework of Christian principles and values, emphasising respect, compassion, loving care and healthy, stable relationships with our core school values embedded throughout: Respect, Peace, Thankfulness, Responsibility, Friendship and Compassion.

We teach that Central to Christian theology is the truth that every single one of us is made in the image of God. Every one of us is loved unconditionally by God with the intent to live 'Life in all its fullness'. (John 10:10)



How is RSE taught at St Thomas'?

Beacons of Light (personal development) Curriculum combines:

- PSHE and RSE - both taught throughout the year, starting from Reception up to Year Six.

PSHE: HeartSmart lessons

RSE: Christopher Winters

- No Outsiders scheme
- Safeguarding curriculum: Worships, theme days and safety reminders



How is RSE taught at St Thomas'?

PSHE/ RSE Lessons

	Autumn 1 Theme: Equality The St Thomas' Way	Autumn 1 Theme: Inclusion	Spring 1 Theme: Acceptance	Spring 2 Theme: Courage	Summer 1 Theme: Optimism	Summer 2 Theme: Independence
Whole School Celebrations	Black History Month	Anti-Bullying Week	Children's Mental Health Week/ Safer Internet Day	Neurodiversity Week	Keeping Our Bodies Healthy (exercise/ consent/ PANTS rule)	Staying Safe (Water safety, public transport, sun safety, first aid)
Nursery	Get HeartSmart (meet Boris)	Don't forget to Let Love In (I am special)	Too much selfie isn't healthy (I love others)	Don't Hold on to What's Wrong (I am a good friend)	Fake is a mistake (I tell the truth)	No Way Through Isn't True (I can do it)
Reception	Get HeartSmart (meet Boris)	Don't forget to Let Love In	Too much selfie isn't healthy	Don't Hold on to What's Wrong CWP- Family and Friendship Lesson 1- caring friendships	No Way Through Isn't True Lesson 2-Being kind	No Way Through isn't true Lesson 3-Families
No Outsiders	You Choose – Nick Sharratt	Red Rockets and Rainbow Jelly – Sue Heap	Hello Hello – Brendan Wenzel	The Family Book – Todd Parr	Mommy, Mama and Me – Leslea Newman	Blue Chameleon – Emily Gravett
Year 1	Don't forget to Let Love In	Too much selfie isn't healthy *	Don't rub it in, rub it out!	Don't Hold on to What's Wrong CWP- Growing and caring for ourselves Lesson 1- Different friends	No Way Through isn't True Lesson 2- Growing and changing	Lesson 3-Families and care



How is RSE taught at St Thomas'?

PSHE/ RSE Lessons

No Outsiders	Elmer – David McKee	Going to the Volcano – Andy Stanton	The Perfect Fit -Naomi Jones	Ten Little Pirates – Mike Brownlow	My World, Your World – Melanie Walsh	Errol's Garden – Gillian Hibbs
Year 2	Don't forget to Let Love In	Too much selfie isn't healthy *	Don't rub it in, rub it out!	Don't Hold on to What's Wrong CWP-Differences Lesson 1- Differences	No Way Through isn't True Lesson 2- Male and Female animals	Lesson 3- Naming bodyparts
No Outsiders	All are Welcome – Alexandra Penfold	How to be A Lion – Ed Vere	The Great Big Book of Families – Mary Hoffman	Can I Join Your Club? – John Kelly	Amazing – Steve Antony	What happened to You? – James Catchpole
Year 3	Don't forget to Let Love In	Too much selfie isn't healthy *	Don't rub it in, rub it out!	Don't Hold on to What's Wrong CWP- Valuing difference and keeping safe Lesson 1 – Body differences	No Way Through isn't True Lesson 2- Personal space	Lesson 3- Help and support
No Outsiders	This is is Our House – Michael Rosen	We're All wonders – R.J Palacio	Beegu – Alexis Deacon	The Truth About Old People – Elina Ellis	Super Duper You – Sophy Henn	Planet Omar – Zanib Mian
Year 4	Don't forget to Let Love In	Too much selfie isn't healthy *	Don't rub it in, rub it out!	Don't Hold on to What's Wrong CWP-Growing up: Lesson 1- Changes.	No Way Through isn't True Lesson 2- What is puberty?	Lesson 3- Healthy relationships.
No Outsiders	Along Came a Different – Tom McLaughlin	Dogs Don't Do Ballet – Anna Kemp	Red: A Crayon's Story – Michael Hall	Aalfred and Aalbert – Morag Hood	When Sadness Comes to Call – Eva Eland	Julian is a Mermaid – Jessica Love



How is RSE taught at St Thomas'?

PSHE/ RSE Lessons

Year 5	Get HeartSmart Don't forget to Let Love In	Too much selfie isn't healthy *	Don't rub it in, rub it out! PSHE Association- Living in the Wider World – Be Debt Aware sessions	Don't Hold on to What's Wrong CWP- Puberty Lesson 1- Talking about puberty.	No Way Through isn't True Lesson 2- The reproductive system.	Lesson 3- Help and support. PSHE AssociationLiving in the Wider World Be Debt Aware sessions
No Outsiders	Kenny Lives with Erica and Martina – Olly Pike	Rose Blanche – Ian McEwan	Mixed – Arree Chung	How to Heal a Broken Wing – Bob Graham	The Girls – Lauren Lee	And Tango Makes Three – Justin Richardson
Year 6	Get HeartSmart Don't forget to Let Love In	Too much selfie isn't healthy *	Don't rub it in, rub it out! PSHE AssociationLiving in the Wider World – Be Debt Aware sessions	Don't Hold on to What's Wrong CWP -Puberty, relationshipsand reproduction. * Lesson 1- Puberty and reproduction	No Way Through isn't True Lesson 2- Communication and relationships	PSHE AssociationLiving in the Wider World Be Debt Aware session
No Outsiders	King of the Sky – Nicola Davis Dieckmann	The Only Way is Badger – Stella J Leaf – Sandra	The Island – Armin Greder	Introducing Teddy – Jessica Walton	A Day in the Life of Marlon Bundo – Marlon Bundo	

How is RSE taught at St Thomas'?

No Outsiders Scheme

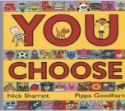
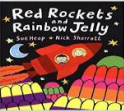
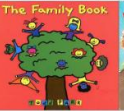
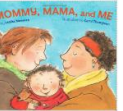
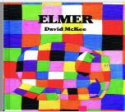
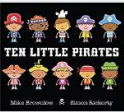
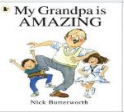
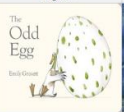
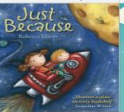
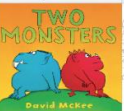
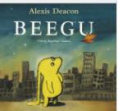
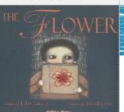
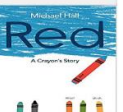
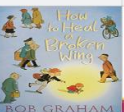
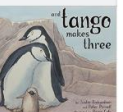
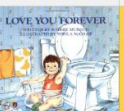
NO
OUT
SIDERS

'All different, All welcome'



How is RSE taught at St Thomas'?

No Outsiders Scheme

Reception					
Learning Intention	To say what I think.	To understand that it's OK to like different things.	To make friends with someone different.	To understand that all families are different.	To celebrate my family.
Year 1					
Learning Intention	To like the way I am.	To play with boys and girls.	To recognise that people are different ages.	To understand our bodies work in different ways.	To understand that we share the world with lots of people.
Year 2					
Learning Intention	To understand what diversity is.	To understand how we share the world.	To understand what makes someone feel proud.	To feel proud of being different.	To be able to work with everyone in my class.
Year 3					
Learning Intention	To understand how difference can affect someone.	To understand what 'discrimination' means.	To find a solution to a problem.	Use strategies to help someone who feels different.	To be welcoming.
Year 4					
Learning Intention	To know when to be assertive.	To understand why people choose to get married.	To overcome language as a barrier.	To ask questions.	To be who you want to be.
Year 5					
Learning Intention	To learn from our past.	To justify my actions.	To recognise when someone needs help.	To appreciate artistic freedom.	To accept people who are different from me.
Year 6					
Learning Intention	To promote diversity.	To stand up to discrimination	To challenge causes of racism.	To consider how my life may change as I grow up.	To recognise my freedom.



How is RSE taught at St Thomas'?

Safeguarding Curriculum

Keeping Safe at St Thomas'

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Worship	World Mental Health Day – Whole school Worship https://www.mentallyhealthyhyschools.org.uk/resources/world-mental-health-day-2021-toolkit/ Esafety -Reminders Whole school Worship https://learning.nspcc.org.uk/research-resources/schools/e-safety-for-schools Emergency Services – What to do in an emergency? Whole school Worship	Road Safety Assembly http://www.brake.org.uk/info-and-resources/resources/guide-to-teaching-road-safety Whole school Worship Anti-Bullying Week Whole school Worship https://www.bullybusters.org.uk/ Firework Safety – Merseyside Police (MW) Whole school Worship https://www.london-fire.gov.uk/safety/fireworks/	E-Safety Week / NSPCC Share aware https://www.thinkuknow.co.uk/ https://www.saferinternet.org.uk/ https://learning.nspcc.org.uk/research-resources/schools/stop-speak-support-school-pack Whole school Worship Children's Mental Health day Whole school Worship https://www.childrensmentalhealthweek.org.uk/ Children's Rights Whole school Worship https://www.unicef.org.uk/rights-respecting-schools/resources/teaching-resources/guidance-assemblies-lessons/primary-school-assemblies/	Stranger Danger Whole School Worship https://www.safe4me.co.uk/portfolio/clever-never-goes/ https://www.safety4kids.com.au/safety-zone/stranger-danger Emergency Services – How can they help us? Whole school Worship Sun Safety https://www.sunsafeschools.co.uk/ Cycle Safety Whole school Worship https://www.think.gov.uk/cycle-safety/	Water Safety Assembly Whole school Worship https://rnl.org/you-th-education/education-resources/lower-primary/water-safety-passport-1 PANTS Rule – NSPCC Whole school Worship https://learning.nspcc.org.uk/research-resources/schools/pants-teaching Slow Down for Bobby Whole school Worship https://thebobbycollertrust.org.uk/about-us/	Taking Care of our Bodies – Five ways to Wellbeing Whole school Worship https://www.assemblies.org.uk/sec/3584/five-ways-to-wellbeing Rail Safety – Network Rail Whole school Worship https://www.networkrail.co.uk/communities/safety-in-the-community/safety-education/primary-school-resources/ Public space safety – Getting lost/ busy environments Crossing the road Whole school Worship NSPCC – Speak Out/ Stay safe https://learning.nspcc.org.uk/services/speak-out-stay-safe Whole school Worship



Parents Rights:

- Right to discuss the curriculum and any concerns they may have
- Right to the resources we use in school to support the teaching or RSE
- Right to request to withdraw from some or all of sex education delivered as part of RSE

