



Intimate Care Policy 2025



Jesus said, 'Come follow me, live your lives the way God wants you to.'



Introduction

This policy outlines the principles, practices, and procedures that ensure safe, respectful, and consistent intimate care for children in the Early Years Department of St Thomas C of E School. It reflects the school's Christian ethos of love, dignity, and respect for all, and is written in line with the Statutory Framework for the Early Years Foundation Stage (EYFS), Keeping Children Safe in Education (KCSIE), and the school's Safeguarding and Child Protection Policy.

(Intimate care = support with toileting, washing, changing clothes, nappy changing, or other personal care needs.)

Aims

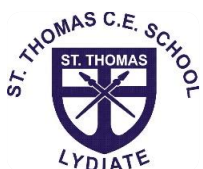
- To safeguard the rights and promote the welfare of every child at St Thomas C of E Primary School.
- To provide safe, respectful, and consistent support that upholds each child's dignity.
- To encourage children to develop independence wherever possible.
- To ensure staff have clear procedures to follow, protecting both children and adults.
- To build trusting partnerships with parents and carers.

Principles

- The child's welfare and dignity are our paramount concern.
- All children are treated with respect and compassion in line with our Christian values.
- Intimate care is carried out discreetly, with sensitivity and professionalism.
- Children are encouraged to do as much for themselves as possible, supporting independence and confidence.
- Staff are trained and supported to deliver intimate care safely and appropriately.

Roles and Responsibilities

- Senior Leadership Team (SLT): Ensure the policy is implemented and monitored.
- Designated Safeguarding Lead (DSL): Ensure procedures comply with safeguarding legislation.
- Staff: Follow policy consistently, respect children's dignity, and report any concerns.
- Parents/Carers: Share relevant information about their child's care needs and work in partnership with school staff.



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Procedures

Toileting & Nappy Changing:

- A designated, hygienic area is used for changing.
- Staff wear gloves and aprons. Facilities are cleaned after each use.
- Children are encouraged to be as independent as possible.
- Soiled clothing is placed in a sealed bag and returned to parents.
- Staff record nappy changes/accidents where appropriate.

Privacy & Safeguarding:

- Intimate care is usually carried out by a familiar member of staff.
- Staff will, where possible, inform another adult before providing intimate care.
- Doors are not locked; safeguarding visibility is maintained.
- Any unusual observations (e.g., marks, rashes) are recorded and reported to the DSL.

Additional Needs:

- Where children require ongoing support, a personal care plan will be agreed with parents and reviewed regularly.

Hygiene

- Staff follow infection control procedures at all times.
- Hands are washed before and after each care routine.

Training

- Staff are trained in safeguarding and hygiene procedures.
- Specific training (e.g., medical care) is provided where needed.

Monitoring & Review

This policy will be reviewed annually by the Early Years Lead and DSL, or sooner if required by statutory guidance.



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