

## St. Thomas' Five Be Experiences

|                  | Be an explorer<br>     | Be an advocate<br> | Be the best version of myself<br>           | Be inspired<br> | Be a good Samaritan<br> |
|------------------|---------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| <b>Nursery</b>   | Make a leaf pile and jump in it!                                                                        | Visit our church and know why it is special                                                         | <b>Life Skills -</b><br>Brush teeth independently                                                                            | Visit Manchester Airport                                                                           | <b>Thankfulness</b><br><br>Organise a tea party for our local community.                                   |
| <b>Reception</b> | Forage for wild food.<br><br>Nature Walk                                                                |                                                                                                     | <b>Life skills -</b><br>Be confident in a swimming pool                                                                      | Imagine That!                                                                                      |                                                                                                            |
| <b>Year 1</b>    | Visit to Martin Mere<br><br>Hunt for bugs and plant identification                                      | Wildlife conservation -A visit from Knowsley Safari Park                                            | <b>Life skills -</b><br>Get dressed independently – tying laces and doing buttons.                                           | Visit the Royal Philharmonic                                                                       | <b>Compassion</b><br><br>Be a courageous advocate – Do something for a day in May!                         |
| <b>Year 2</b>    | Gorse Hill Nature Reserve<br>Go on a scavenger hunt                                                     | Disability Awareness – Real Life Stories                                                            | <b>Life skills -</b><br>Barnstondale Christian Camp Residential                                                              | Visit the Anglican Cathedral                                                                       | <b>Responsibility</b><br><br>Care for the local environment – litter picking.                              |
| <b>Year 3</b>    | Get your feet wet in a river - Hothersall Lodge<br><br>Get to know a tree                               | Visit a different place of worship – Synagogue                                                      | <b>Life skills -</b><br>Make my own bed.                                                                                     | Visit an art gallery – Walker Art Gallery                                                          | <b>Peace</b><br>Listen to a talk about the experiences of an individual seeking asylum.                    |
| <b>Year 4</b>    | Create landscape art in local environment<br><br>Create some wild art                                   | Visit a different place of worship – Mosque                                                         | <b>Life skills -</b><br>Perform for an audience – djembe drums.                                                              | Visit our capital – Trip to London                                                                 | <b>Friendship</b><br><br>Become pen pals with children at our link school, Patmos.                         |
| <b>Year 5</b>    | Climb a mountain – Grasmere<br><br>Join nature's band – making music!                                   | Racial equality - World slavery museum                                                              | <b>Life skills –</b><br>Independence and communication. Getting out of our comfort zone at Robinwood!<br><b>Crucial Crew</b> | Young Shakespeare                                                                                  | <b>Responsibility</b><br><br>Archbishop of York Award                                                      |
| <b>Year 6</b>    | <b>Lakes Residential</b><br>Hike and appreciate the natural environment<br><br>Find your way with a map | Imperial War Museum                                                                                 | <b>Life skills -</b><br>Money management                                                                                     | Visit to Edge Hill University                                                                      | <b>Responsibility</b><br><br>Reception Buddies                                                             |