

# Physical Education Curriculum Map

|     | Autumn 1                           | Autumn 2                                      | Spring 1                                               | Spring 2                                                           | Summer 1                                          | Summer 2                                       |
|-----|------------------------------------|-----------------------------------------------|--------------------------------------------------------|--------------------------------------------------------------------|---------------------------------------------------|------------------------------------------------|
| Nur | Introduction to PE: Locomotion     | Dance: Nursery Rhymes                         | Gymnastics: Travelling, Stopping and Making Shapes     | Yoga                                                               | Fundamental Movement: Stability                   | Athletics: Preparation for Sports Day          |
| Rec | Fundamental Movement 1             | Dance: Seasons                                | Gymnastics: Rocking and Rolling                        | Target Games 1                                                     | Fine Motor Skills                                 | Athletics                                      |
| Y1  | Target Games 2                     | Dance: Animals                                | Gymnastics: Wide, narrow, curled rolling and balancing | Fundamental Movement 2                                             | Outdoor Adventurous Activities (OAA)              | Athletics                                      |
| Y2  | Target Games 3                     | Dance: Pirates                                | Gymnastics: Spinning, Turning and Twisting             | Fundamental Movement 3                                             | Personal Challenges                               | Athletics                                      |
| Y3  | Invasion Games: Netball            | Gymnastics: linking movements together        | Swimming                                               |                                                                    | Striking and Fielding Principles: Danish Longball | Athletics                                      |
| Y4  | Net and Wall Principles: Dodgeball | Gymnastics: partner work, pushing and pulling | Swimming                                               |                                                                    | Striking and Fielding: Rounders                   | Athletics                                      |
| Y5  | Swimming                           |                                               | Dance: Dance Through the Ages                          | Invasion Games: Hockey<br>Gymnastics: Partner Work, Under and Over | Net and Wall Principles: Tennis                   | Athletics                                      |
| Y6  | Swimming                           |                                               | Gymnastics: Group Sequencing                           | Invasion Games: Basketball                                         | Striking and Fielding: Cricket                    | Outdoor Adventurous Activities (OAA) Athletics |
| KEY | INVASION GAMES (3)                 |                                               | STRIKING AND FIELDING (3)                              |                                                                    | NET & WALL GAMES (2)                              |                                                |

‘Let your Light Shine’ Matthew 5:16

‘Let your Light Shine’ Matthew 5:16