



*Physical Education Knowledge Organiser

Netball - Year 3



Passing	I can perform a chest, bounce and lob pass and know when best to use each technique. I can time my passes well to enable my teammates to move onto the ball without stopping.
Shooting	I keep my eyes on the target and use my non-throwing arm as a guide. I follow through in the direction of the hoop, considering how much power to use depending on how far away I am.
Defending	Intercept - prevent the opposite team from passing by placing my body in the way. Block - Use my hands to block a pass or shot. Marking - I take responsibility to defend against specific players.
Attacking	I can use movement skills to find space and I can communicate in different ways to receive the ball. I can use fast, accurate passes and dummies to outwit my opponents.
Teamwork	I follow sporting values to work effectively in a group and respect the opinions of teammates.
Leadership	I share my opinions with my team and show good effort and determination to perform well.

Rules

2 opposing teams have to defend their own net and attack their opponent's. Players move by passing the netball and cannot move when they have hold of it. Players score by shooting the ball into the hoop (larger targets to be used if needed) and defend by blocking, intercepting or forcing their opponents into a mistake. Teams must stick to the boundaries of the pitch and possession passes to the opposing team if the ball goes out. Usually players would have 3 seconds to pass or shoot the ball, but this should be managed or altered by the teacher. There are specific positions in netball, but again whether or not to use these should be managed by the teacher.

